

The first days matter most.

Complications often appear after a patient is already home. Recovera closes that gap with focused nursing care, clear communication, and a calm, capable presence.

We watch closely for

- ✓ Pain, swelling and circulation
- ✓ Wound, incision and drain changes
- ✓ Vital-sign and medication concerns
- ✓ Mobility, transfer and fall risks
- ✓ Early signs of infection

< 1 hour

Response time after discharge

24/7 Nurse support line

For a medical emergency, call 911.



Let's plan a safer recovery at home.

Call or email to discuss an upcoming procedure, request care, or refer a patient.

CALL ANYTIME

(604) 404-7640

(604) 836-4615

EMAIL

intake@recoveracare.com

SERVICE AREA

Serving Delta, Langley, Maple Ridge, Pitt Meadows, Surrey, Tri-Cities and White Rock

WEBSITE

recoveracare.com

Patient information is collected with consent and limited to approved Recovera staff involved in care.

RN-led post-surgical home care



Expert recovery care, at home.

Specialized nursing for the first critical days after same-day surgery.

CALL TO REQUEST CARE

recoveracare.com

Care matched to your surgery

Every visit is led by a registered nurse trained in post-surgical recovery.

ORTHOPEDIC

Joint and fracture care

- ✓ Safe transfers and mobility
- ✓ Pain and swelling control
- ✓ Brace, cast and fall-risk checks

PLASTIC & RECONSTRUCTIVE

Protecting your surgical result

- ✓ Drain and incision care
- ✓ Dressings and compression garments
- ✓ Swelling and circulation checks

GENERAL SURGERY

Close monitoring at home

- ✓ Wound, ostomy and drain care
- ✓ Vital signs and medications
- ✓ Complication and infection detection

A calm, coordinated path

From referral through recovery, your care stays connected.

01

Request or referral

You, your family, surgeon, or discharge planner starts the process.

02

RN care plan

We review the procedure, discharge timing, medications, and home setup.

03

First home visit

An RN settles you in and assesses your wound, vitals, pain, and mobility.

04

Daily monitoring

Visits, 24/7 phone support, family teaching, and early escalation.

05

Clear hand-off

Your surgical team receives a recovery summary and next-step plan.

First visit: within 1 hour after discharge

Timing is coordinated with your discharge plan.

Don't cancel your surgery.

When a post-surgical bed is unavailable, your procedure may not need to be delayed. With your surgeon's approval, recover at home with a critical care qualified RN nearby.

Recover safely at home

- ✓ Same-day discharge instead of a canceled or delayed surgery
- ✓ Critical care qualified RN nearby through the first 72 hours
- ✓ Vital signs, wounds, drains, pain and mobility closely monitored
- ✓ Direct coordination with your surgeon's team if anything changes

Every plan still includes

- ✓ 24/7 nurse line
- ✓ Medication support
- ✓ Family education
- ✓ Surgeon coordination

PLAN A SAFER RECOVERY

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